

## UPDATE ON SCHIZOPHRENIA: NEW TREATMENTS AND NOVEL TARGETS

#### **Learning Objectives**

Review clinical advances in our understanding of schizophrenia

 Update knowledge on novel treatments for schizophrenia



## Novel Pharmacological Treatment for Ameliorating Adverse Events



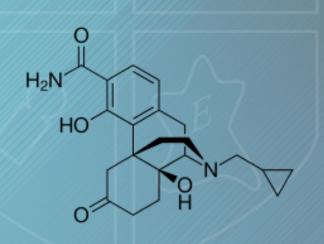
#### Olanzapine/Samidorphan

 Samidorphan (SAM) is an opioid antagonist at the µopioid receptor, with significant activity at k-opioid receptors

•	By blocking opioid receptors involved in the brain reward
	pathway, reinforcement is reduced

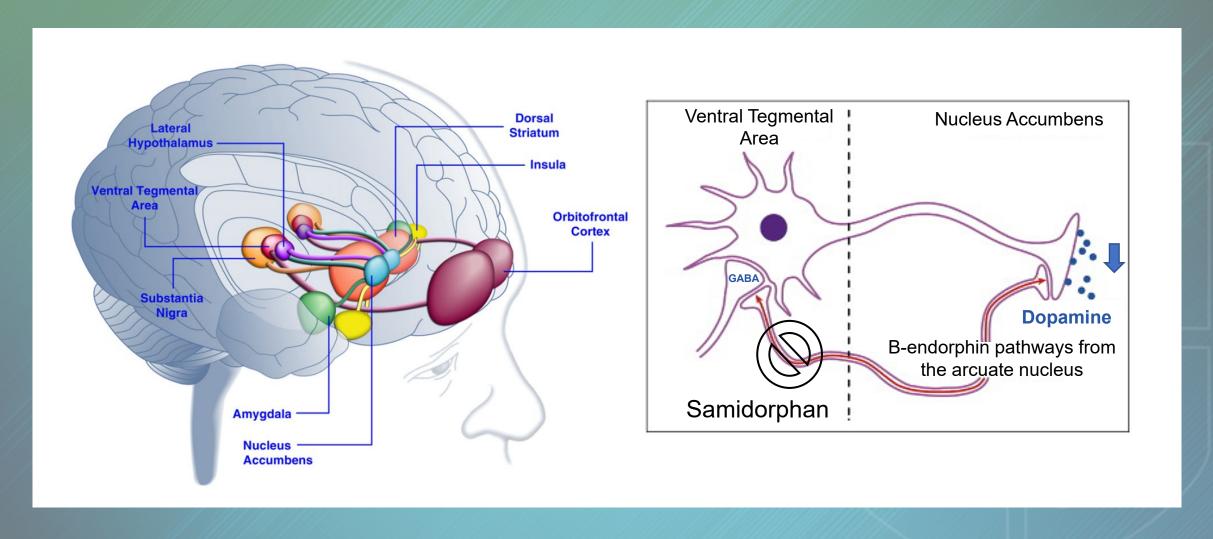
	Receptor	Ki (nM)
	þ	0.052
	k	0.28
	δ	2.6

- Shows similar efficacy to naltrexone but with reduced side effects
- Investigated for addiction treatment (e.g., alcohol, cocaine)
- Co-administration of olanzapine and SAM, but not naltrexone, mitigated olanzapine-induced weight gain, suggesting that the added k-opioid receptor properties may be clinically relevant





#### **Proposed Mechanism: Brain Reward Pathway**



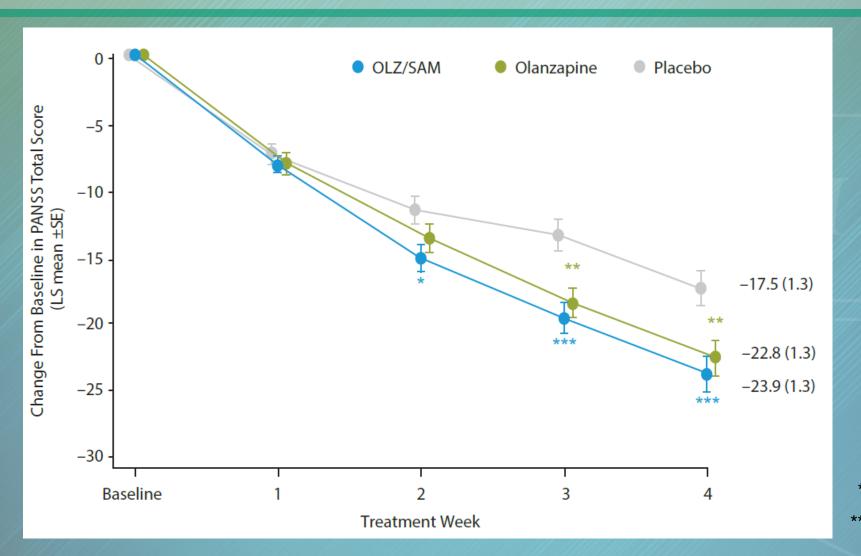


## Olanzapine (OLZ)/Samidorphan (SAM) Study Program

- ALKS 3831: flexible dose of olanzapine and a fixed dose of 10 mg SAM
  - The combination has been studied in phase I trials (healthy volunteers) and phase II trials (patients with stable schizophrenia)
  - In the phase II study, co-administration of SAM mitigated OLZ-associated weight gain, and OLZ/SAM combination had similar antipsychotic efficacy to OLZ
- Phase III (ENLIGHTEN II): 4-week randomized, double-blind active (OLZ monotherapy), and placebo-controlled study of ALKS 3831 in acute exacerbation of schizophrenia
  - Significant improvement versus placebo in PANSS total scores
  - Superior to placebo in reducing olanzapine-induced weight gain



## Olanzapine/Samidorphan (OLZ/SAM): Phase III (ENLIGHTEN II) Efficacy Results



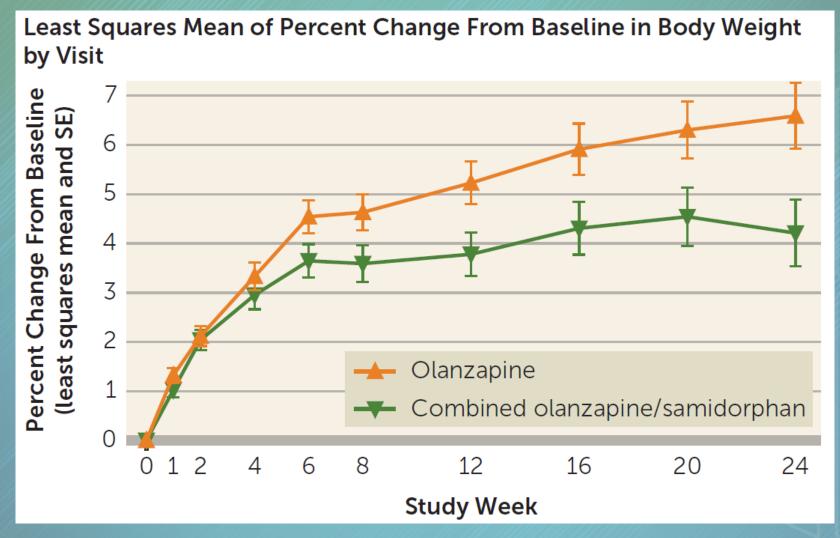


p < 0.05 versus placebo

p < 0.01 versus placebo

p < 0.001 versus placebo

## Olanzapine/Samidorphan: Phase III (ENLIGHTEN II) Weight Gain Results

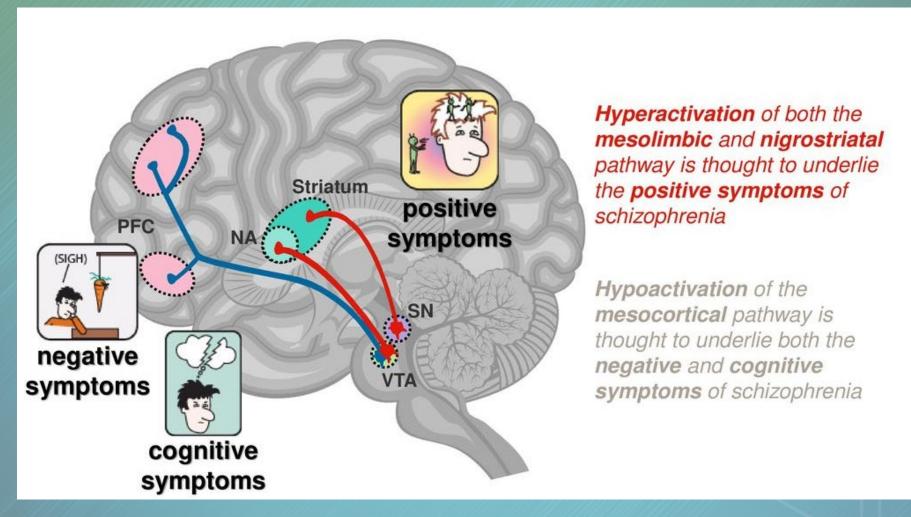




Advances in the Understanding of Schizophrenia: What's New With Dopamine?

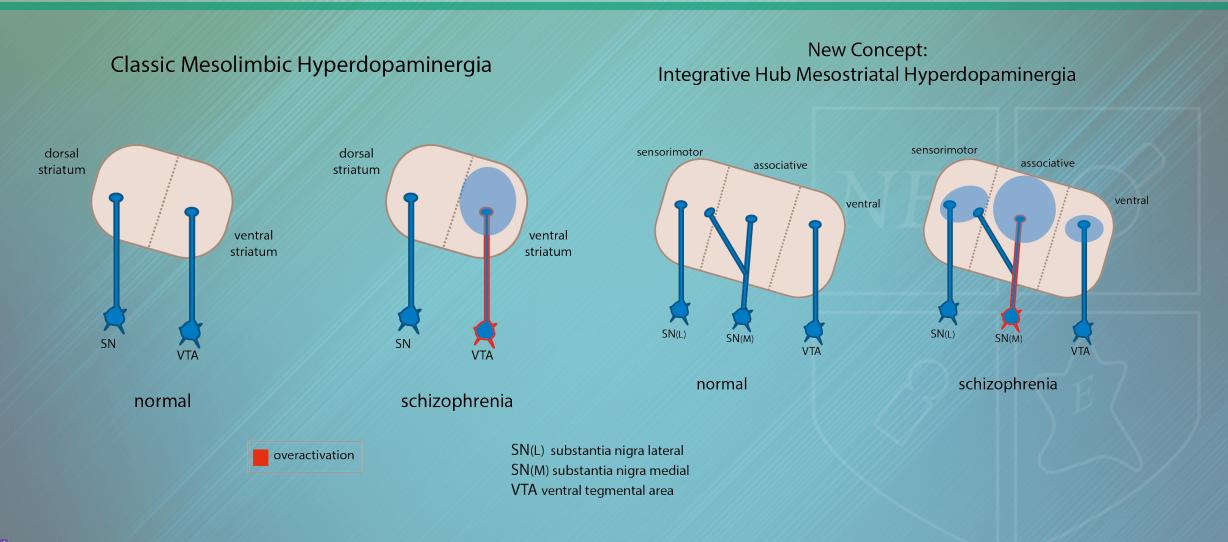


## Dopamine Pathways Relevant to Schizophrenia Symptoms



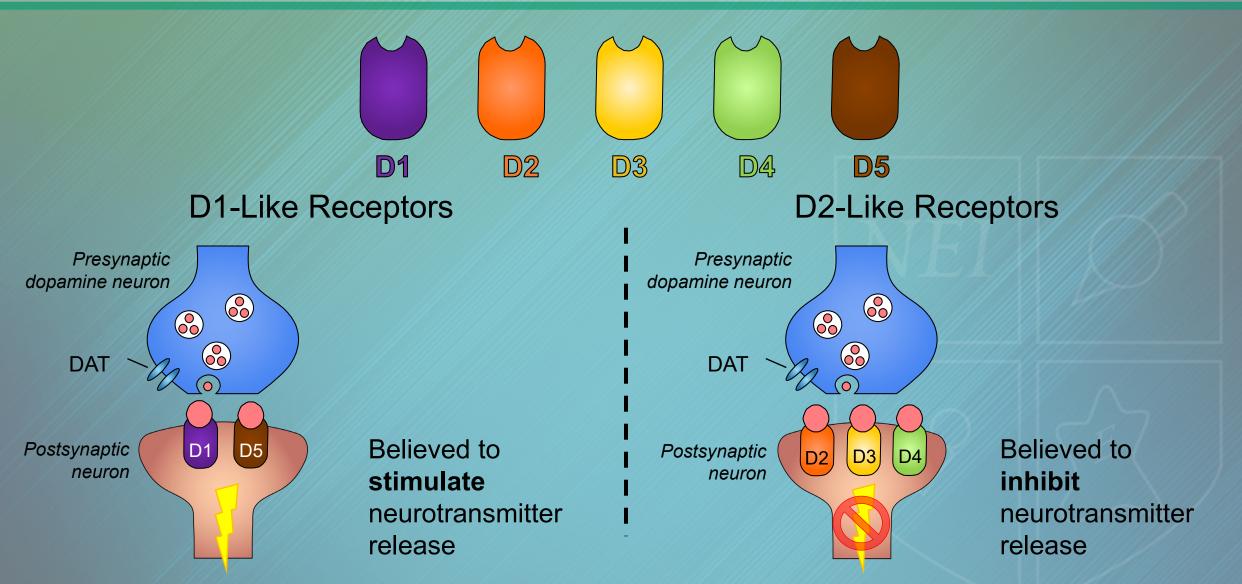


## New Developments in the Dopamine Hypothesis of Positive Symptoms of Psychosis in Schizophrenia



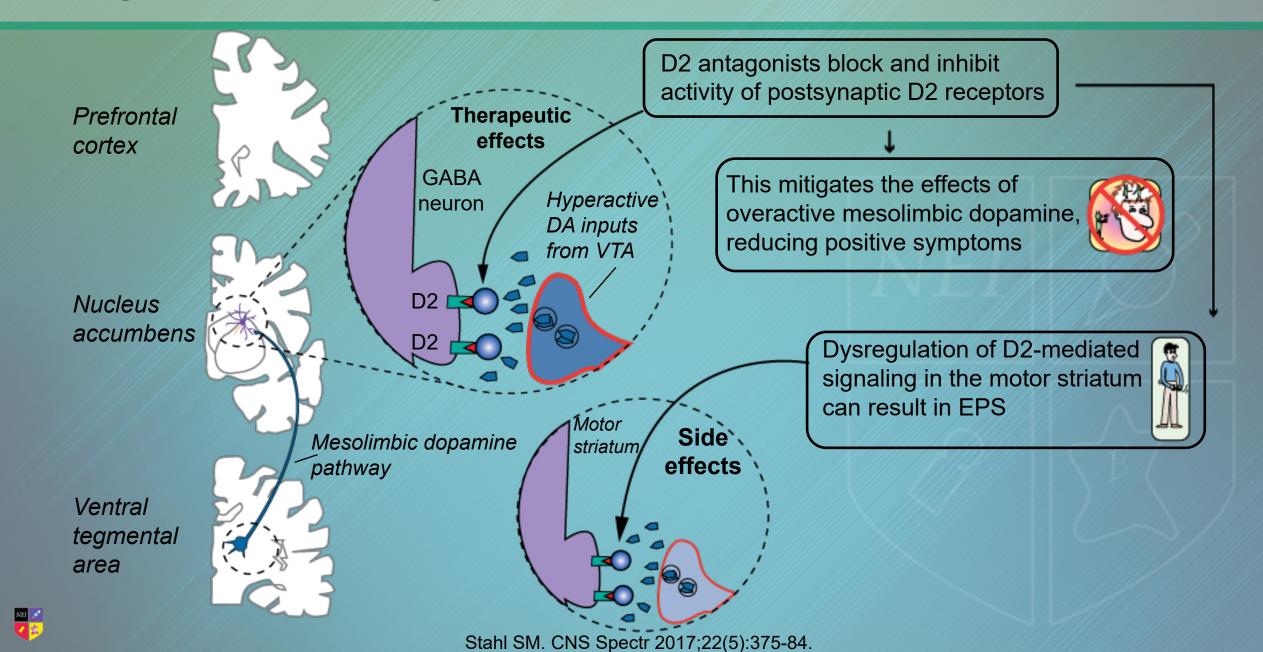


#### Postsynaptic Dopamine Receptor Signaling





#### **Antagonist/Partial Agonist Effects at D2 Dopamine Receptors**

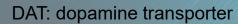


Novel Dopaminergic
Treatments: D2
Presynaptic Agonists and
D3 Antagonists/Partial
Agonists



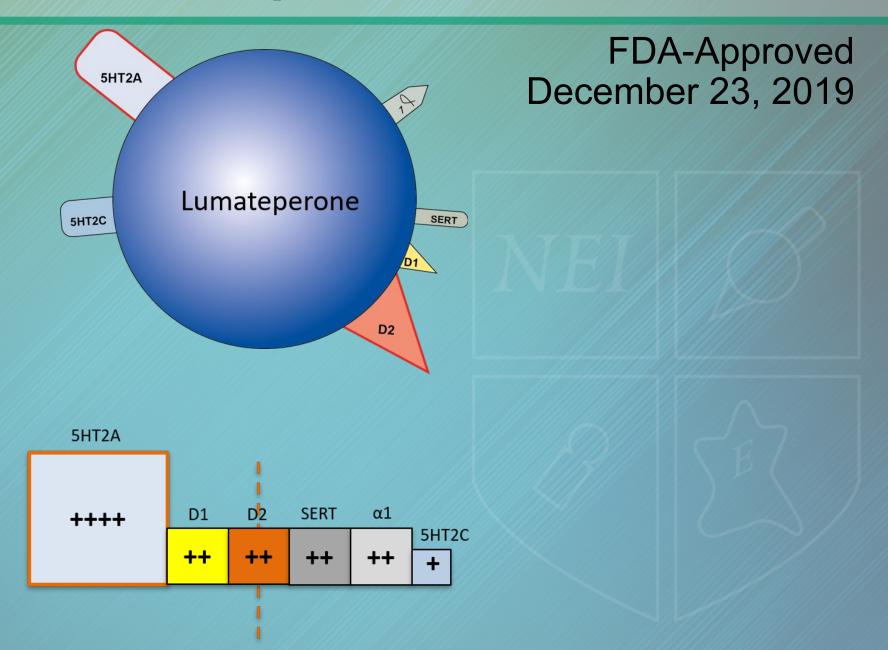
#### **Presynaptic Striatal Dopamine Receptor Signaling**

D2 and D3 receptors are also theorized to sit presynaptically and provide the following functions as autoreceptors: Presynaptic Presynaptic dopamine neuron dopamine neuron Inhibit dopamine release DAT DAT D2 **D3** Decrease dopamine synthesis Postsynaptic Postsynaptic neuron neuron



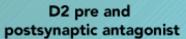


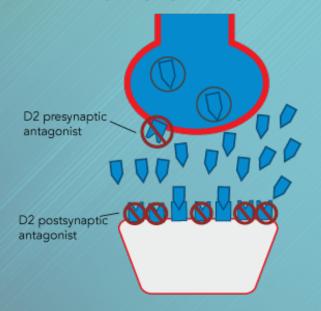
#### Lumateperone



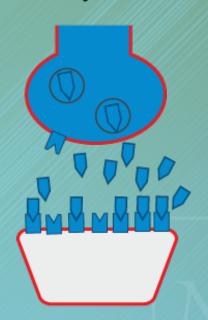


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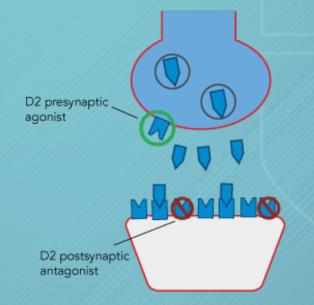




#### Psychosis



D2 presynaptic agonist and postsynaptic antagonist





## D2 Occupancy of Lumateperone and Other Antipsychotics

Drug	Dose Range	Mean D2 Receptor Occupancy in Caudate and Putamen <sup>a</sup>				
Lumateperone	60 mg/day	~40%				
Clozapine	75-90 mg/day	48-61%				
Quetiapine	150-750 mg/day	30-62%				
Ziprasidone	40-160 mg/day	56 to >59%				
Risperidone	4 mg/day	72-81%				
Olanzapine	5-60 mg/day	61-80%				
Lurasidone	40-80 mg	>65%				
Cariprazine	1.5-3 mg/day	69 to >99%				
Aripiprazole	10-30 mg	88-90%				
<sup>a</sup> Measured by displacement of [ <sup>11</sup> C]-raclopride						



#### Lumateperone: Placebo-Controlled Clinical Trials

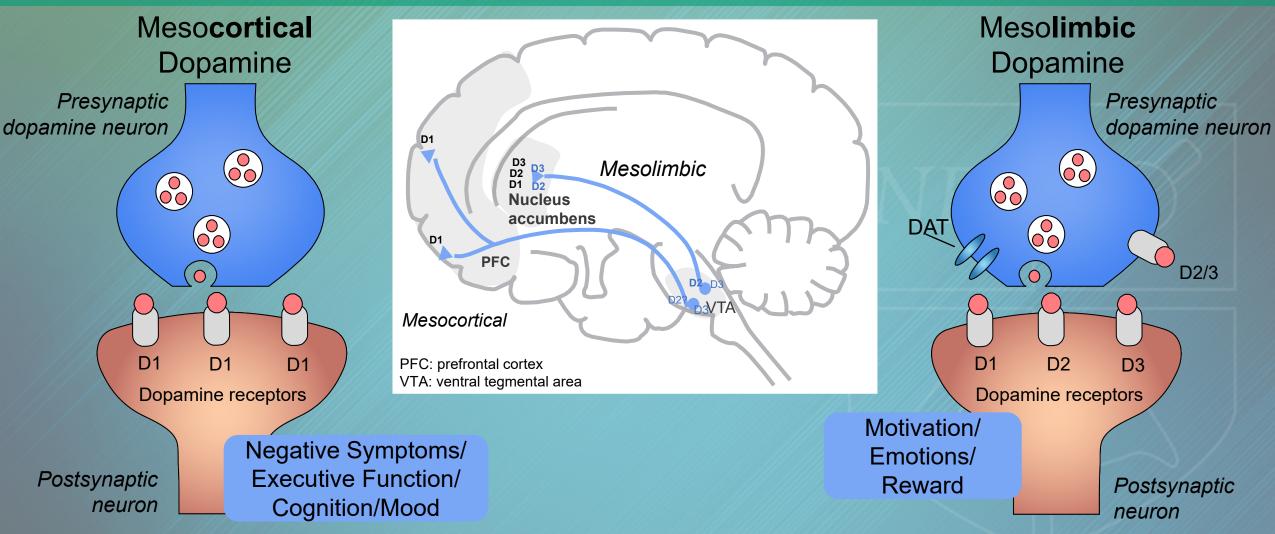
Randomized Controlled Trial	Sample Size	Design	Primary Endpoint Results
005	N=335	60 mg ITI-007, 120 mg ITI-007, 4 mg risperidone, or placebo for 4 weeks	60 mg dose: significant improvement over placebo at Day 28 on PANSS total score; no significant difference in PANSS total score between ITI-007 and risperidone groups
301	N=450	60 mg ITI-007, 40 mg ITI-007, or placebo for 4 weeks	40 + 60 mg dose: significant improvement over placebo at Day 28 on PANSS total score
302	N=696	60 mg ITI-007, 20 mg ITI-007, 4 mg risperidone, or placebo for 6 weeks	Neither dose of ITI-007 separated from placebo at Day 28 on PANSS total score <sup>a</sup>

<sup>&</sup>lt;sup>a</sup> High placebo response in Study 302. ITI-007: lumateperone; PANSS: Positive and Negative Syndrome Scale.

Lumateperone has a favorable safety profile; the most common adverse effects (≥5%) are somnolence, sedation, fatigue, and constipation

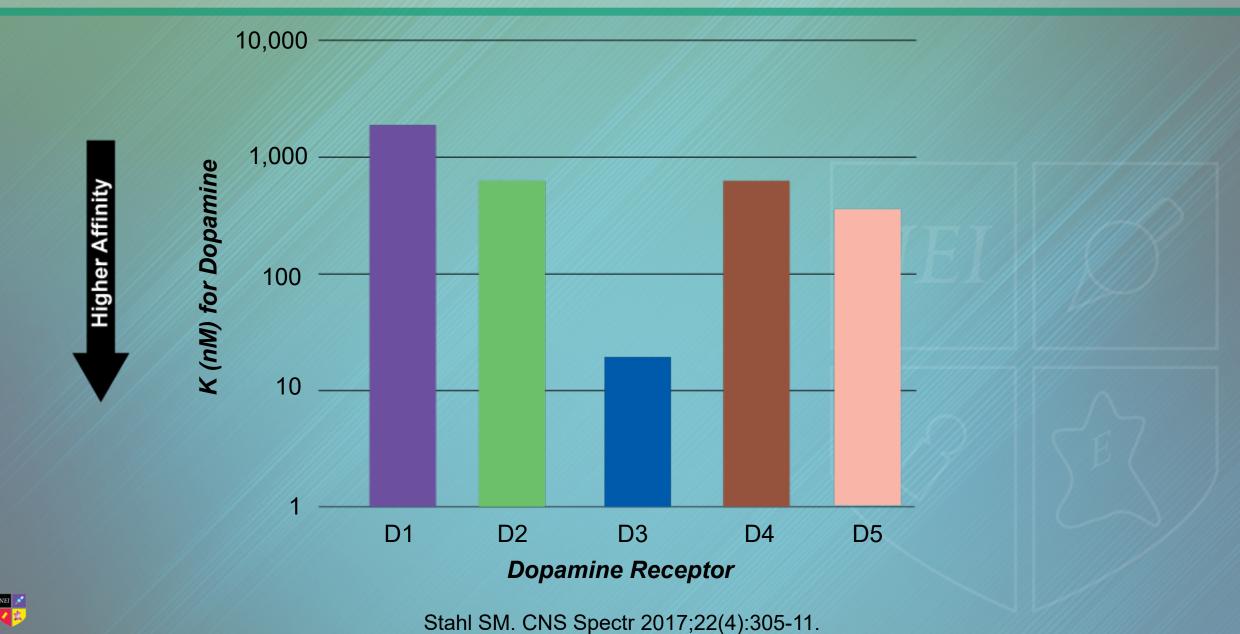


## Different Dopamine Pathways Are Hypothesized to Modulate Different Aspects of Behavior

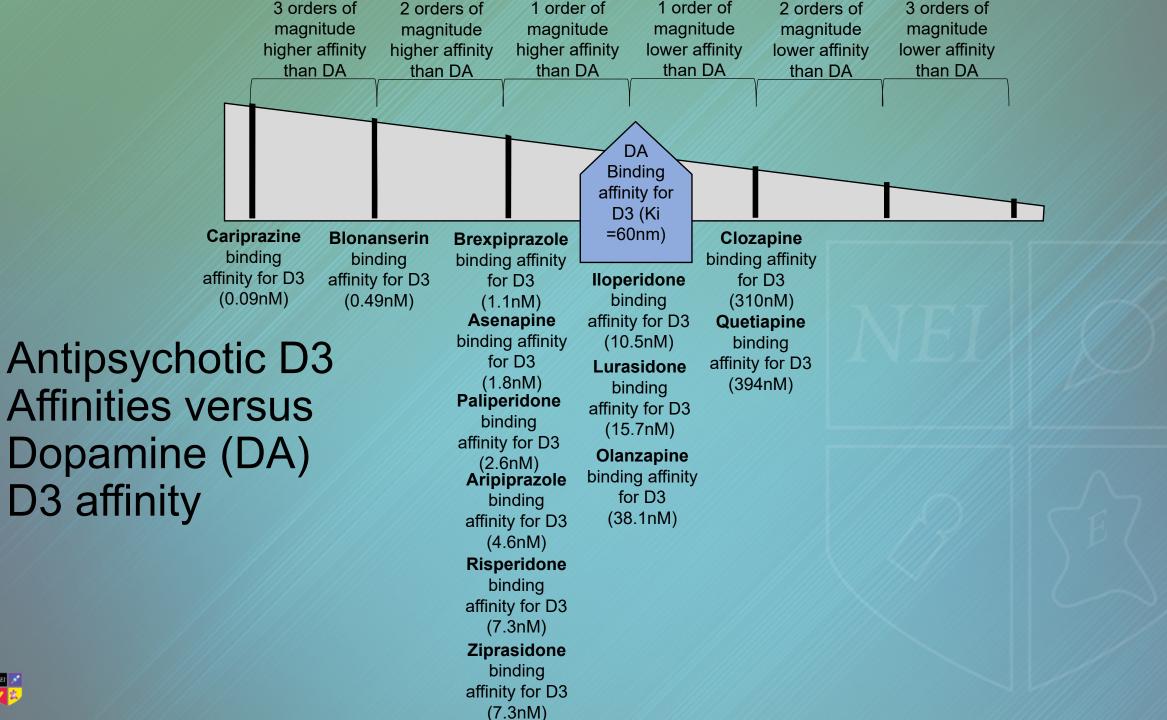




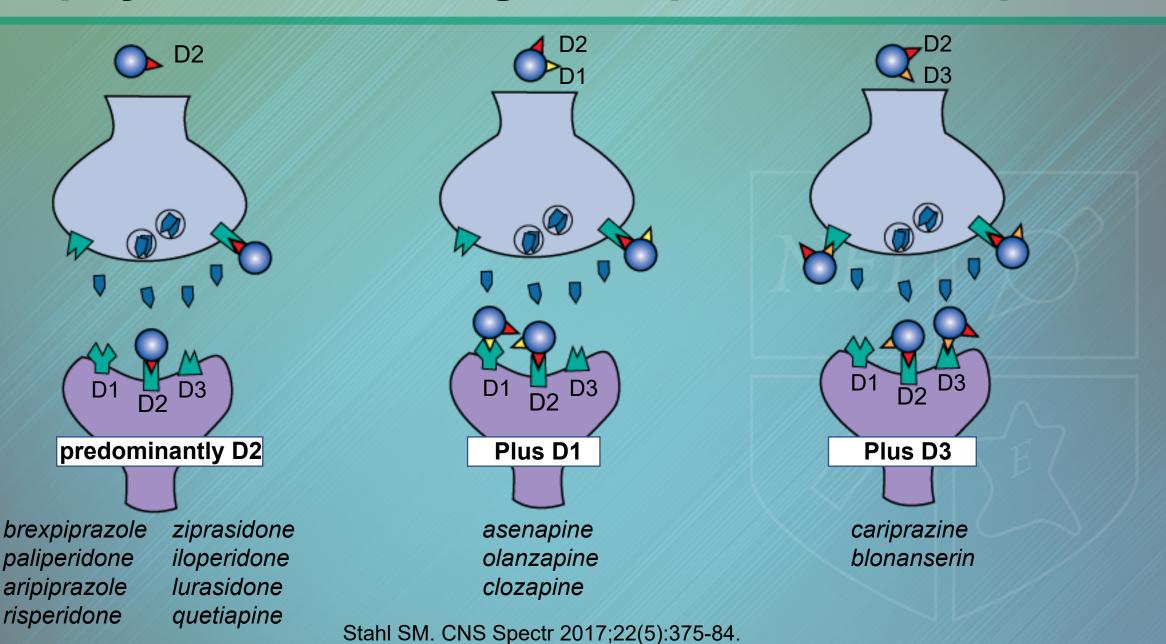
#### **Dopamine Receptor Affinities**





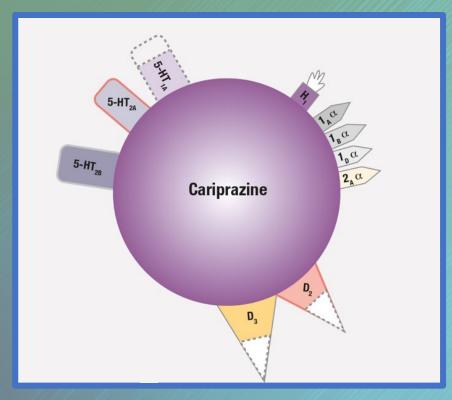


#### **Antipsychotic Binding at Dopamine Receptors**



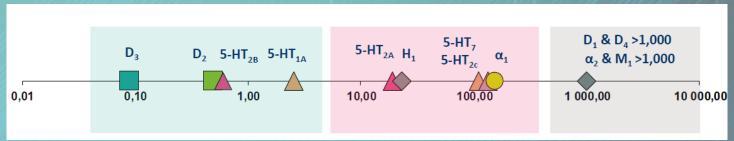


#### Cariprazine Receptor Profile and Receptor Affinities



Cariprazine is a dopamine D3 and D2 receptor partial agonist with preferential binding to D3 receptors

Cariprazine differs from all available antipsychotics due to its greater affinity for D3 receptors *in vivo* 



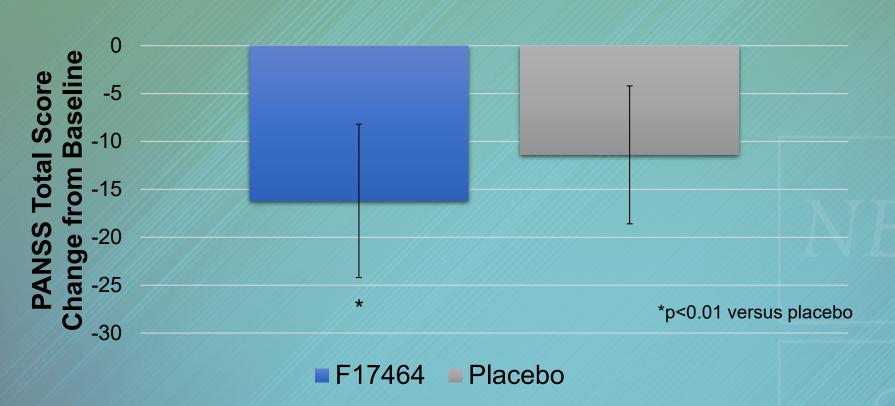
High affinity
Dopamine D3
partial agonist
Dopamine D2
partial agonist
Serotonin 5HT2B
antagonist
Serotonin 5HT1A
partial agonist

Moderate affinity
Serotonin 5HT2A
antagonist
Histamine H1
antagonist
Serotonin 5HT2C
antagonist
Adrenergic α1
antagonist

Low or no affinity
Dopamine D1 & D4
antagonist
Adrenergic α2
antagonist
Muscarinic M1
antagonist



#### Efficacy and Safety of F17464, a Preferential D3 Antagonist



Most common adverse events were insomnia, agitation, and increased triglycerides

No weight gain or extrapyramidal disorder except rare akathisia

PANSS: Positive and Negative Syndrome Scale

Results from a phase II, randomized, double-blind study examining the efficacy of F17464 (20 mg twice daily) versus placebo treatment for 6 weeks in adult patients with acute exacerbation of schizophrenia.

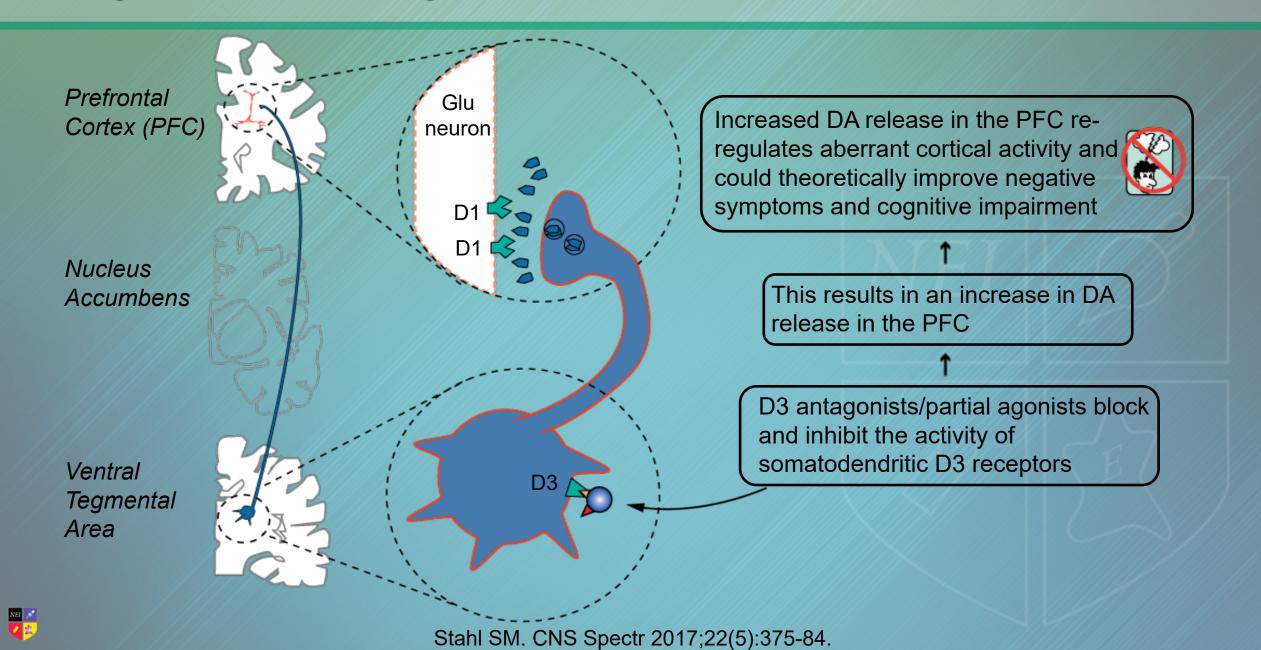


#### Conclusions

- Almost all antipsychotics have about the same affinity for D3 receptors as dopamine, resulting in little net D3 blockade in the presence of dopamine and at antipsychotic doses
- However, two antipsychotics have even higher affinity for D3 receptors than dopamine does, and would theoretically result in net blockade of D3 receptors at clinical doses and in the presence of dopamine
  - cariprazine > blonanserin



#### **Antagonist/Partial Agonist Effects at D3 Dopamine Receptors**



#### **SUMMARY:**

How could a drug for schizophrenia simultaneously block too much dopamine in the mesolimbic pathway and enhance too little dopamine in the mesocortical pathway?

Simultaneous blockade of D2 and D3 receptors could hypothetically result in net blockade of D2 receptors in mesolimbic pathway and net stimulation of D1 receptors in mesocortical pathway



#### **Neurotransmitter Systems Linked to Psychosis**

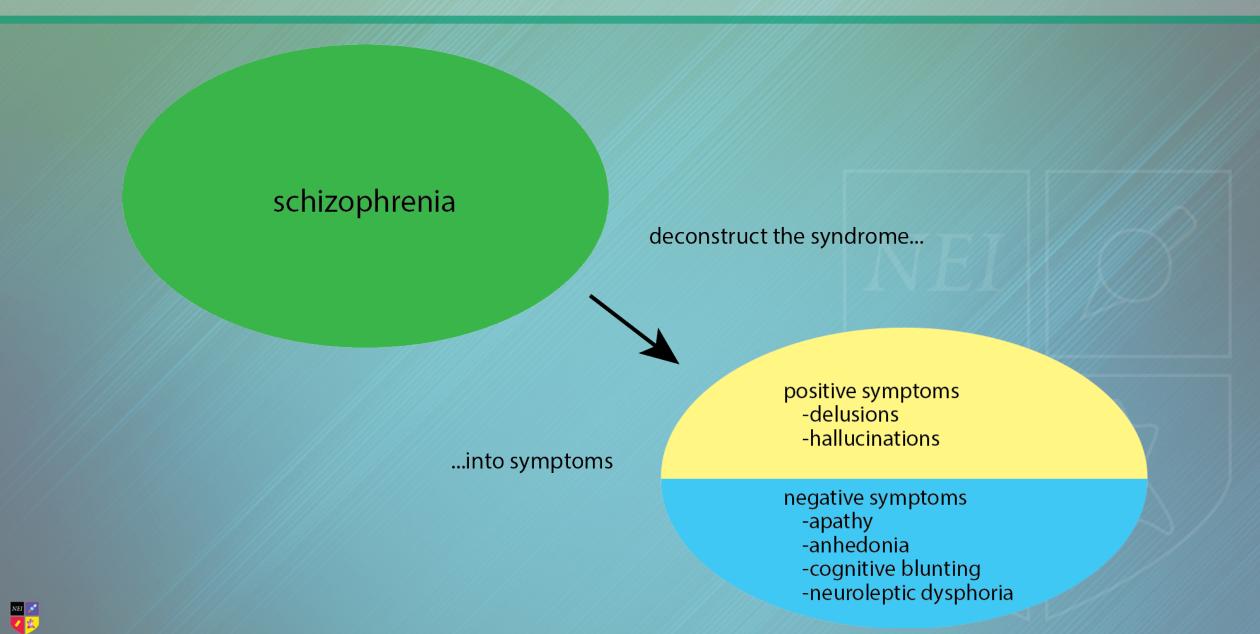
Dopamine Theory
Hyperactive dopamine at D2 receptors in the mesolimbic pathway

Glutamate Theory
N-Methyl-D-Aspertate (NMDA) receptor hypofunction

Serotonin Theory
5HT2A receptor hyperfunction in the cortex



#### Schizophrenia: The Phenotype

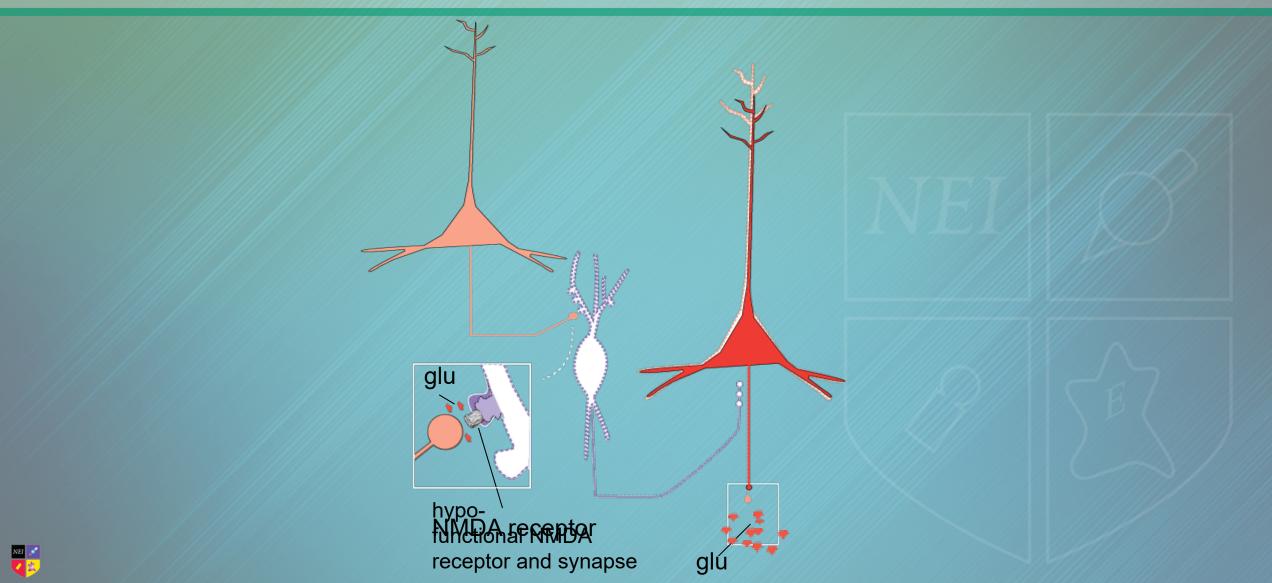


#### Glutamate and Schizophrenia

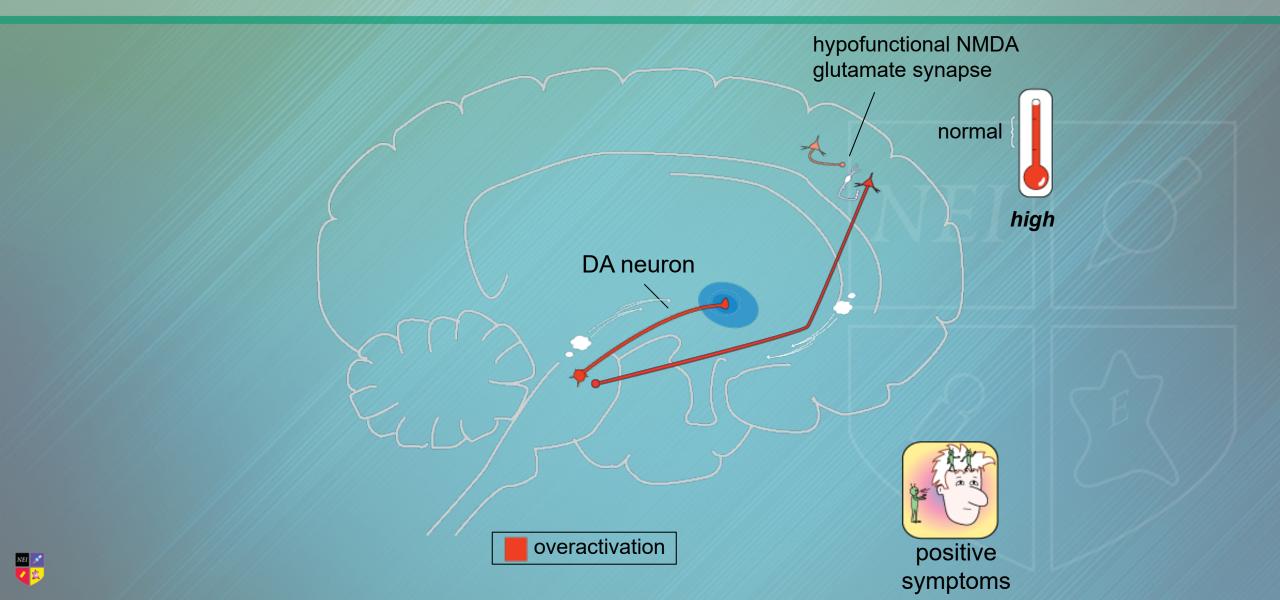
- NMDA hypofunction hypothesis of schizophrenia
- Neurodevelopmentally abnormal glutamate synapses
- Hypofunctional NMDA receptors
- Overstimulation of downstream glutamate receptors



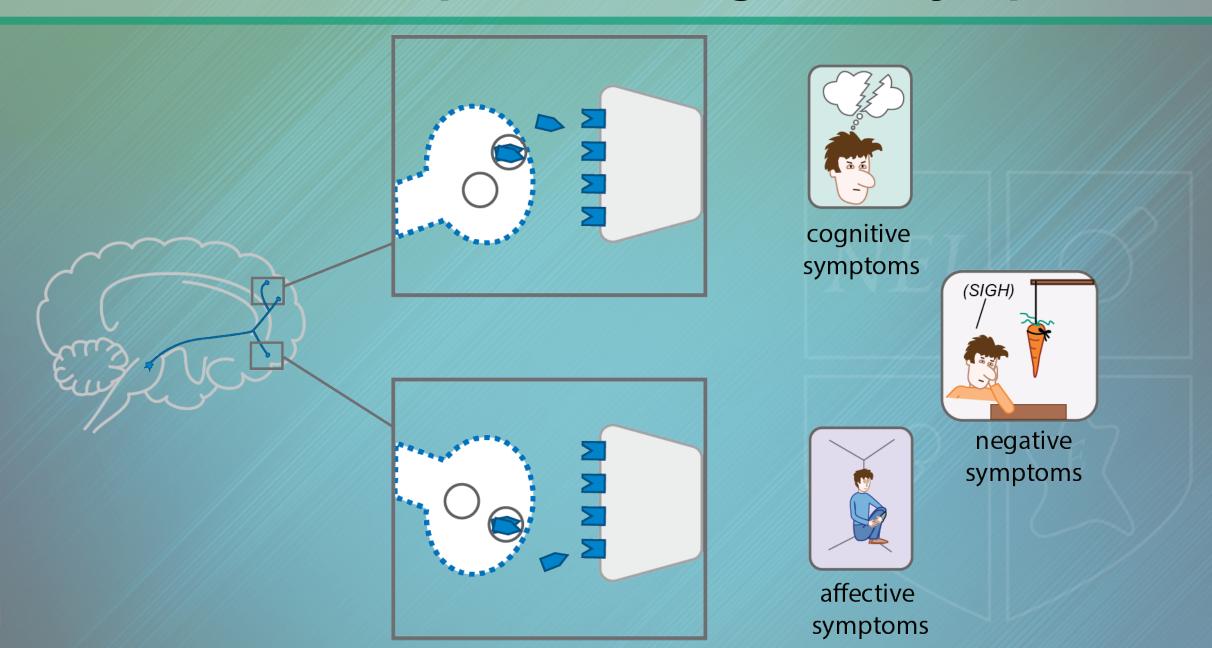
#### NMDA Hypoactivity Yields Glutamate Hyperactivity Downstream



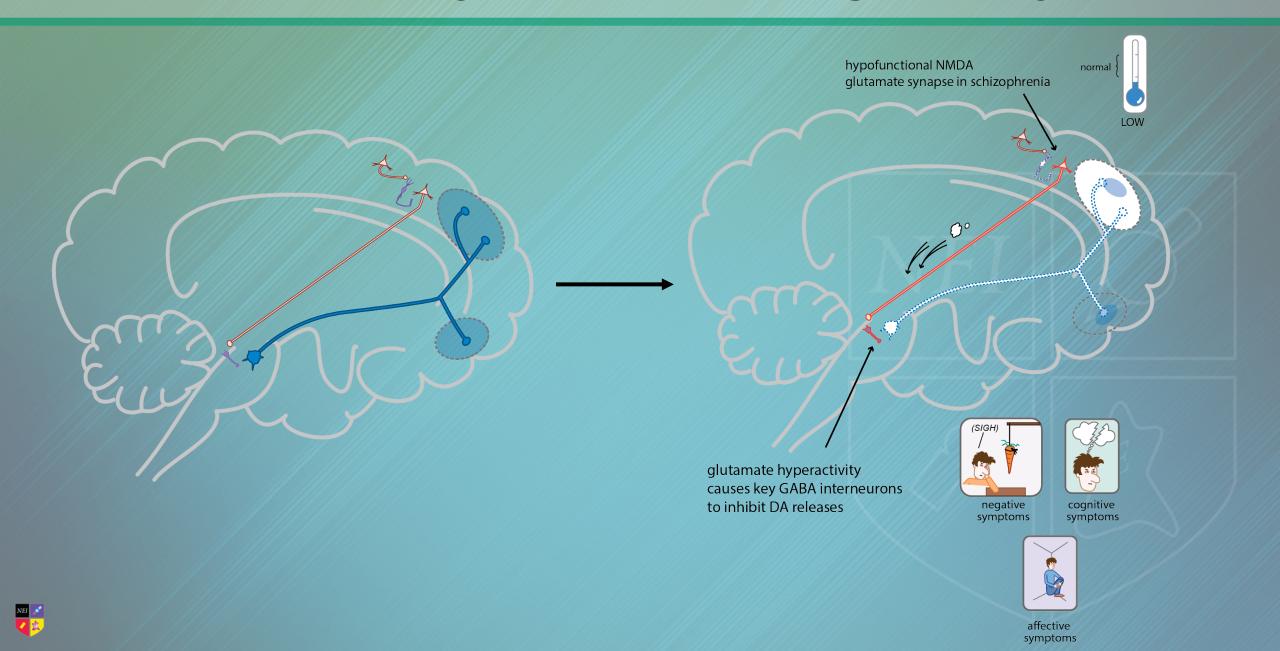
### NMDA Glutamate Hypoactivity Leads to Mesolimbic Dopamine Hyperactivity Downstream in Psychosis



#### **Mesocortical Dopamine: Negative Symptoms**



#### **NMDA** Receptor Hypofunction: Negative Symptoms



## Treatment of Negative Symptoms: Glutamatergic Strategies

#### **Topiramate**

 Multiple meta-analyses show efficacy

#### Lamotrigine, memantine, amantadine, NMDA agonists

Inconsistent or disappointing results

## Metabotropic glutamate receptor (mGluR) 2/3 agonists

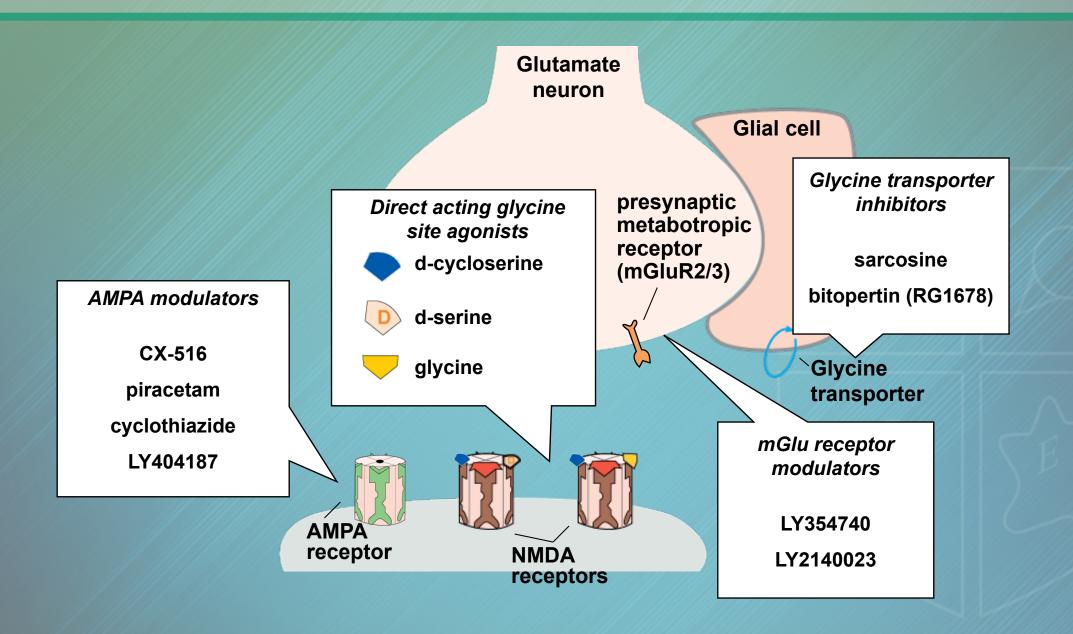
Disappointing results

#### mGluR positive allosteric modulators

Efficacious in animal studies; currently phase II



## **Novel Treatment Mechanisms: Glutamate**



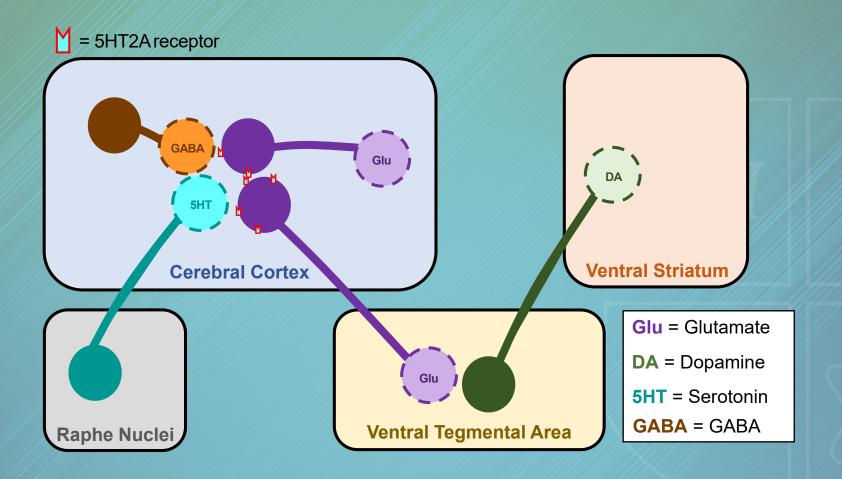


## TAK-831—A D-amino Acid Oxidase (DAAO) Inhibitor

- D-serine is an endogenous ligand for the glycine modulatory binding site on the NR1 subunit of NMDA receptors
- Since D-serine is degraded by the flavoenzyme DAAO, DAAO inhibitors may improve NMDA functioning and negative symptoms in schizophrenia
- Phase II testing for the treatment of negative symptoms in schizophrenia is ongoing (NCT03382639)
  - 12-week, placebo-controlled trial of three doses (50, 125, and 500 mg/day)
  - Primary outcome: PANSS negative symptoms factor score

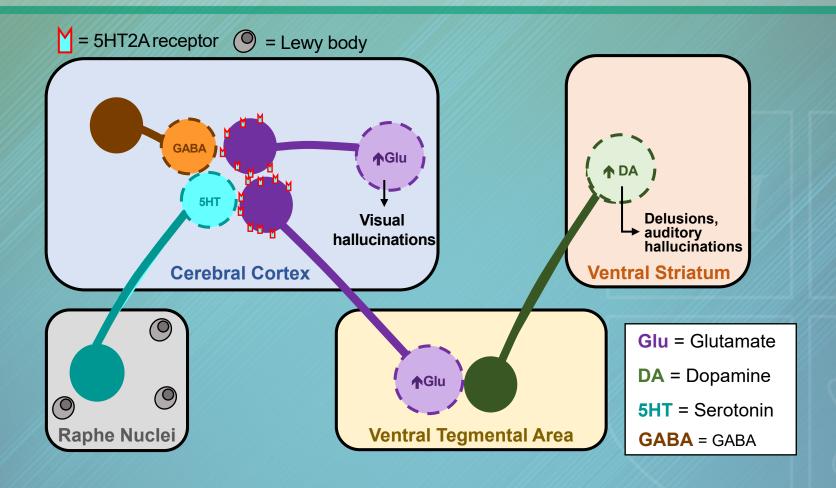


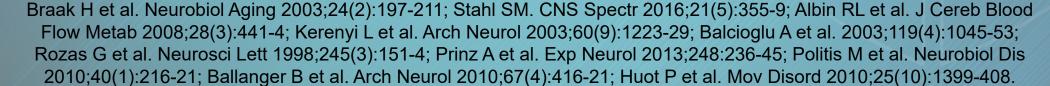
## **Neural Circuits Implicated in Psychosis**





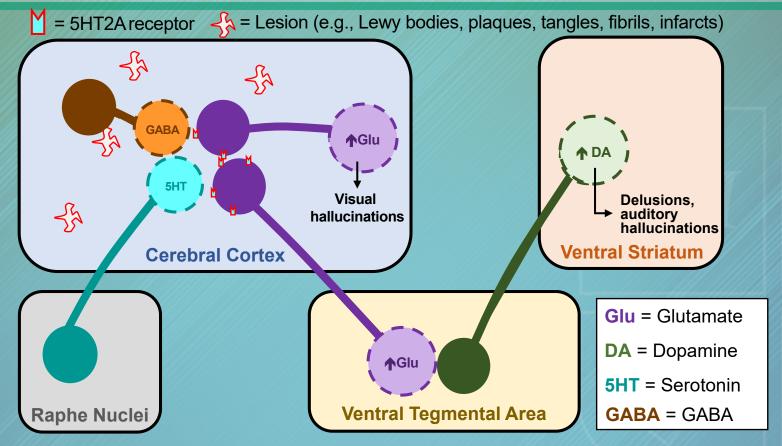
# Neural Circuits Implicated in Parkinson's Disease Psychosis







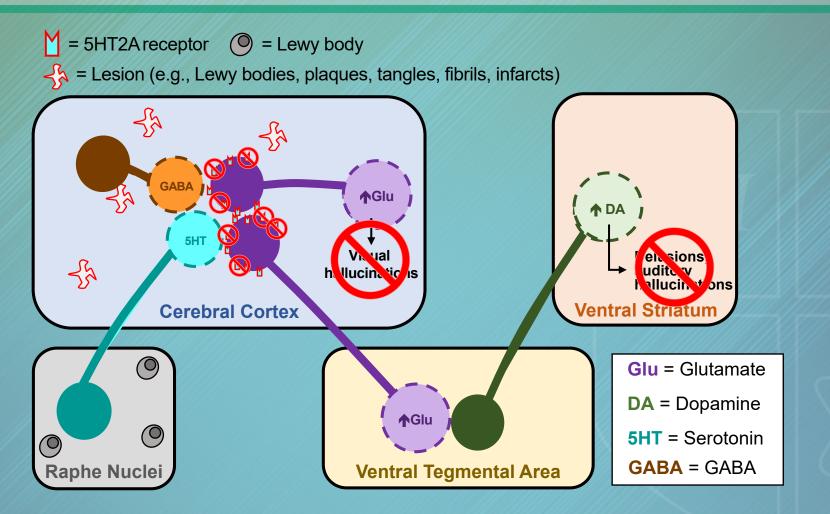
# Neural Circuits Implicated in Dementia-Related Psychosis



Colom-Cadena M et al. Brain 2017;140(12):3204-14; Hamilton RL. Brain Pathol 2000;10(3):378-84; Hyman BT et al. Alzheimers Dement 2018;8(1):1-13; Rosso SM et al. Brain 2003;126(9):2016-22; Jellinger KA, Stadelmann C. J Alzheimers Dis 2001;3(1):31-40; Roman GC et al. Neurology 1993;43(2):250-60; Stahl SM. Stahl's illustrated Alzheimer's disease and other dementias 2019; Stahl SM. CNS Spectr 2016;21(5):355-9; Stahl SM. Stahl's essential psychopharmacology, 4th ed. 2013; Mega MS et al. J Neurol Neurosurg Psychiatry 2000;69(2):167-71; Nagahama Y et al. Brain 2010;133(Pt 2):557-67; Devenney EM et al. Neuroimage Clin 2016;13:439-45; Ibarretxe-Bilbao N et al. J Neurol Neurosurg Psychiatry 2010;8(6):650-7.

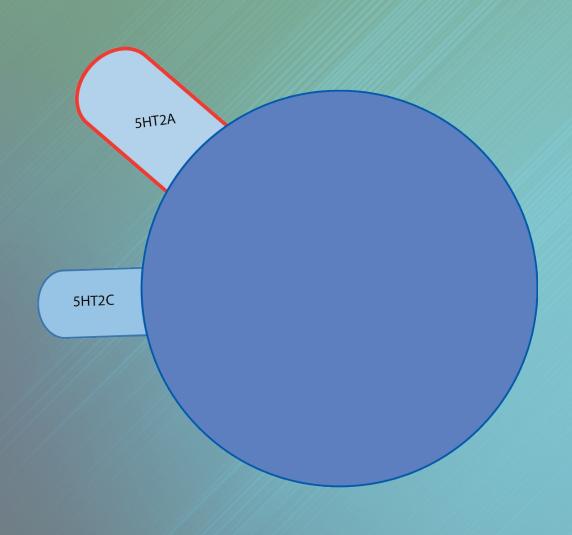


## Mechanism of Action of Pimavanserin in Dementia-Related Hallucinations and Delusions



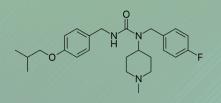


## Pimavanserin—A 5HT2A Antagonist

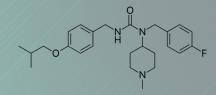


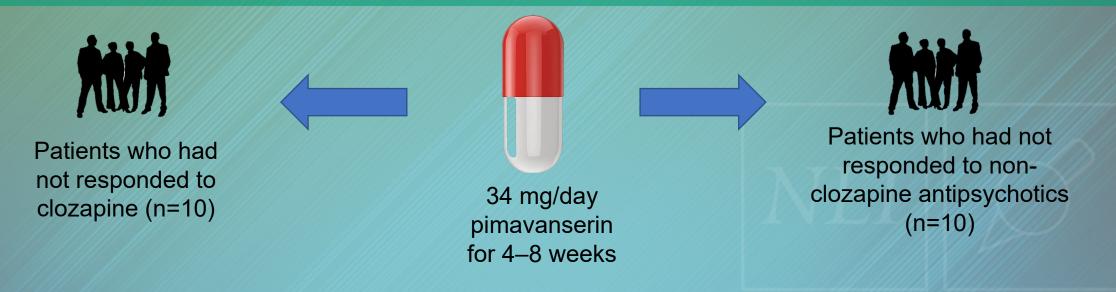
- Potent 5HT2A antagonist with lesser 5HT2C antagonist actions
- Only known drug with proven antipsychotic efficacy that does not have D2 antagonist/partial agonist actions





## Case Series: Pimavanserin

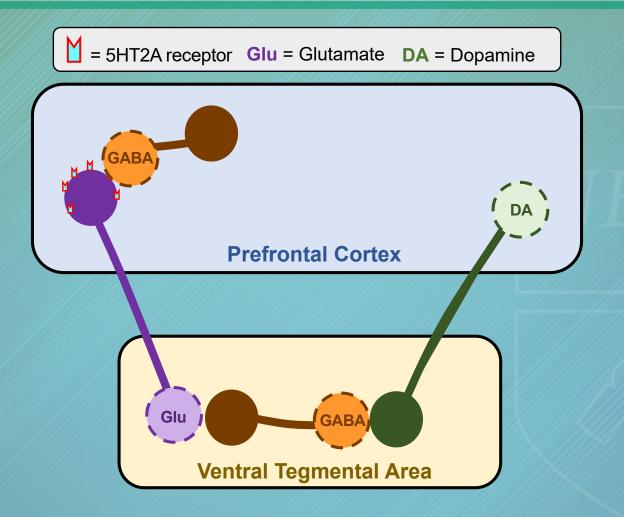




- All 10 patients with refractory hallucinations/delusions demonstrated marked response to pimavanserin, with continuation of response for several months of follow-up
- Improvements in negative symptoms and social functioning were also observed

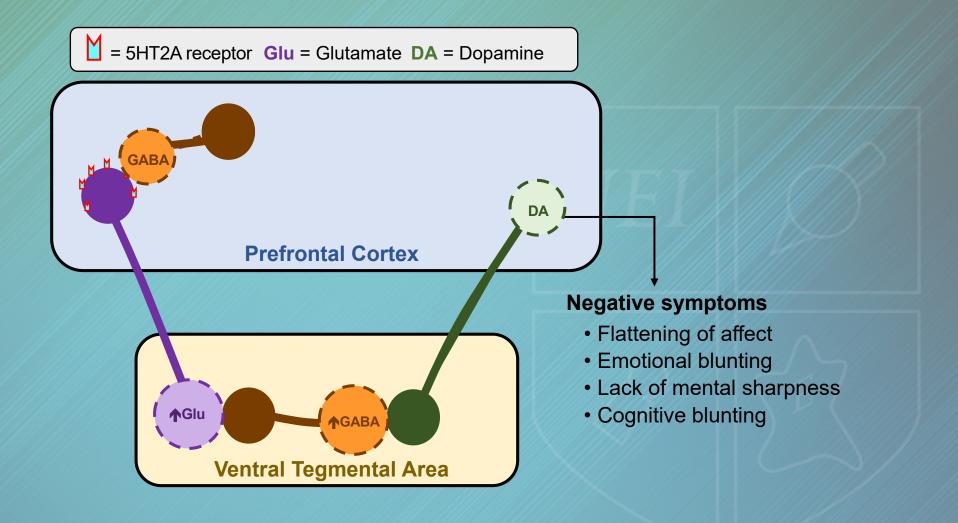


# Neural Circuits Implicated in Schizophrenia Negative Symptoms



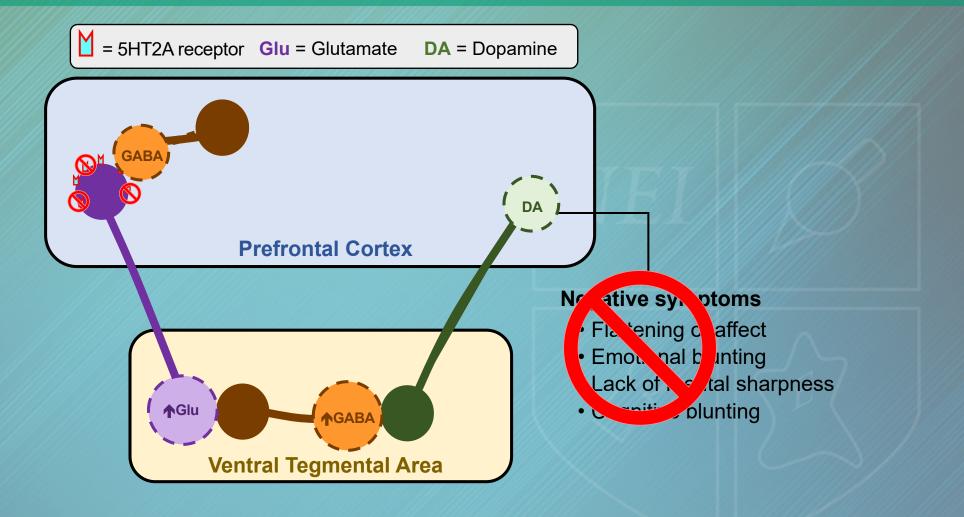


## Negative Symptoms of Schizophrenia





## Mechanism of Action of 5HT2A Antagonism on Negative Symptoms of Schizophrenia

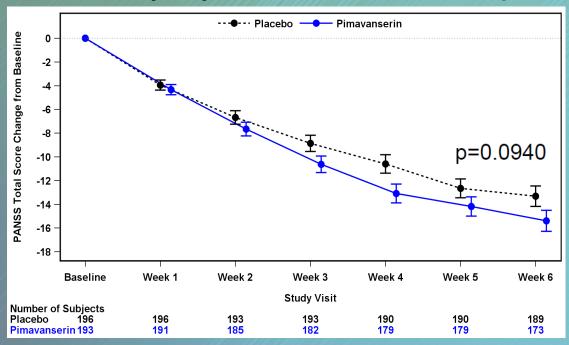




### **Pimavanserin**

- Approved to treat Parkinson's disease psychosis
- Pimavanserin has unique selective 5HT2A/5HT2C antagonist actions

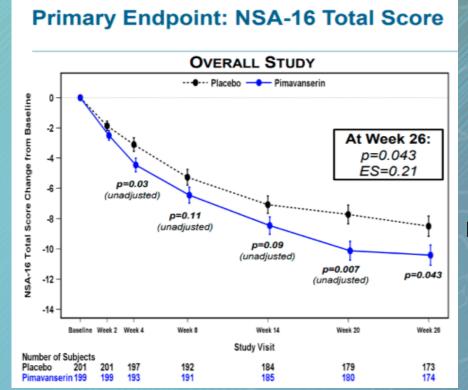
#### **ENHANCE Study: Adjunctive Treatment for Schizophrenia**



**Results from the PANSS Negative Subscale: (p=0.0474)** 

Most common adverse events (>5% in either group) placebo vs. pimavanserin were headache (18% vs. 13%), somnolence (7% vs. 13%), and insomnia (7% vs. 10%)

#### **ADVANCE Study: Negative Symptoms in Schizophrenia**



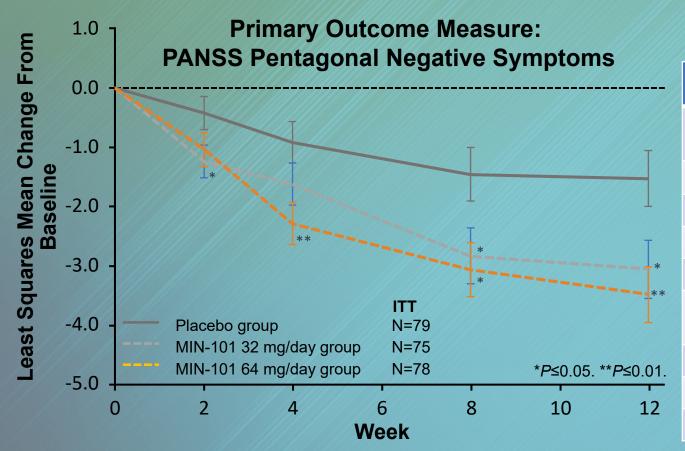
Results for the 34 mg dose

At Week 26: p=0.0065 (unadjusted) ES=0.34



## Roluperidone (MIN-101)

Roluperidone has high affinity for both sigma 2 and 5HT2A receptors



Most Common Adverse Events in the MIN-101 Groups			
Adverse Event	Placebo (%)	Combined MIN-101 Groups (%)	
Any Adverse Event (%)	43.4	57.7 (32 mg), 57.1 (64 mg)	
Headache	3.6	7.5	
Anxiety	6.0	6.8	
Insomnia	9.6	5.6	
Schizophrenia Symptoms	10.8	5.6	
Asthenia	2.4	5.6	
Nausea	3.6	3.7	
Somnolence	0.0	3.7	

"Roluperidone failed to meet endpoints in a Phase III clinical trial for the treatment of negative symptoms in schizophrenia."



**Beyond the Three Hypotheses of** Psychosis (Dopamine, Glutamate, and Serotonin) to the **Novel Pharmacological Treatments in the Cholinergic** and Trace Amine Systems



# M1/M4 Muscarinic Agonists for Treatment of Schizophrenia

- M2/M3 receptors are the major peripheral subtypes hypothesized to underlie dose-limiting clinical side effects (e.g., gastrointestinal)
- Patients with schizophrenia have lower levels of muscarinic M1 receptors, muscarinic M4 receptors, or both receptors in the cortex, hippocampus, and striatum
- Xanomeline is a muscarinic M1/M4 agonist that improved Brief Psychiatric Rating Scale (BPRS) and Positive and Negative Syndrome (PANSS) scores in patients with schizophrenia
  - Gastrointestinal side effects limited further clinical development



## Xanomeline/Trospium (KarXT)

Trospium is a muscarinic receptor antagonist that has minimal, if any, penetration
of the blood brain barrier, blocking unwanted peripheral cholinergic side effects of
xanomeline

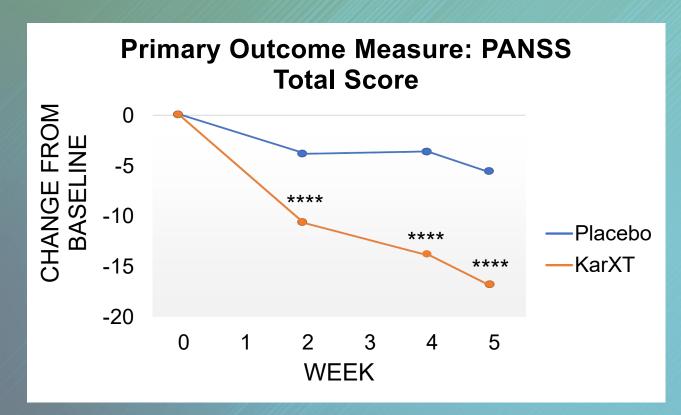
Randomized Controlled Trial	Number of Patients	Design	Results
Phase I study on xanomeline + trospium (KarXT)	n=69	225 mg xanomeline + placebo or 225 mg xanomeline + 40 mg trospium	KarXT co-formulation demonstrated improved tolerability; side effects were mild to moderate
Phase II study on xanomeline + trospium (KarXT)	n=160	120 mg/20 mg xanomeline/trospium with an option to increase dose to 125 mg/30 mg xanomeline/trospium following week 1	Significant and clinically meaningful 11.6 point mean reduction in total PANSS score compared to placebo (p<0.0001); demonstrated good overall tolerability

PANSS: Positive and Negative Syndrome Scale.



## Efficacy and Safety of KarXT

Results from 5-week, double-blind, placebo-controlled phase II study:



Safety population	Placebo (n=90)	KarXT (n=89)
Any AE (N, %)	39 (43.3%)	48 (53.9%)
AEs ≥ 5%		
Constipation	3 (3.3%)	15 (16.9%)
Nausea	4 (4.4%)	15 (16.9%)
Dry mouth	1 (1.1%)	8 (9.0%)
Dyspepsia	4 (4.4%)	8 (9.0%)
Vomiting	4 (4.4%)	8 (9.0%)
Headache	5 (5.6%)	6 (6.7%)
Somnolence	4 (4.4%)	5 (5.6%)



## **Novel Targets in Schizophrenia**

Trace amine associated receptor type 1 (TAAR1) agonism

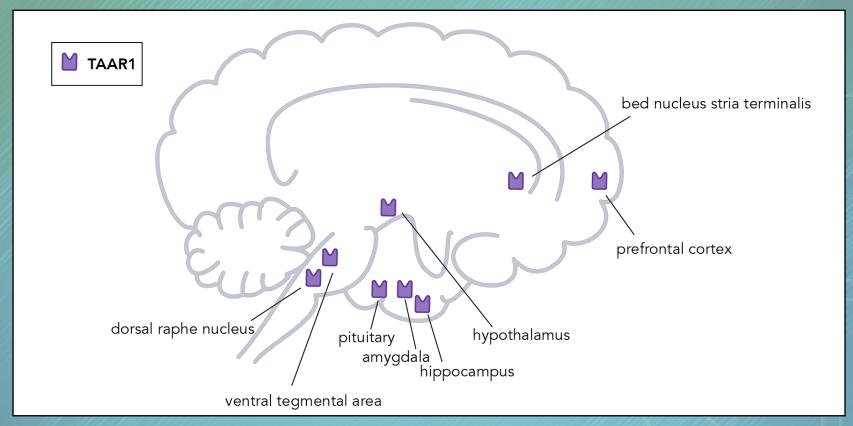


### What Is a Trace Amine?

- Formed from amino acids when TyrOH or TrypOH omitted
- <50 ng/g (<500 nM) and binds a TAAR (trace amine associated receptor), usually TAAR1
- Not released by depolarization
- Organic cation transporter 2 for transport
- TAAR1 localized in monoamine brainstem centers and in monoamine projection areas



# Localization of Trace Amine Associated Receptor Type 1 (TAAR1)



TAAR1 is widely expressed throughout the brain, including in monoamine brainstem centers (dorsal raphe nucleus, ventral tegmental area) and in monoamine projection areas

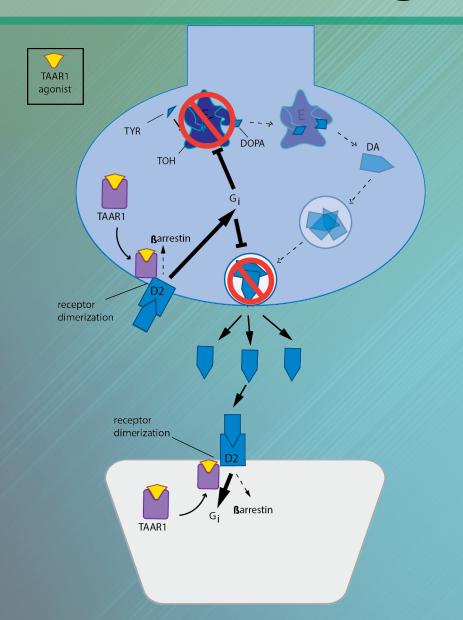


## **TAAR1** and Dopamine

- Much is yet to be learned about trace amines and their receptors, but it does appear already that:
  - Trace amines are not classical neurotransmitters
  - TAAR1 agonism may have opposite effects when it is heterodimerized with D2R, and TAAR1 heterodimers may have opposite effects on dopamine presynaptically versus postsynaptically
- Trace amines and TAAR1 are positioned to potentially serve as the "rheostat" of dopamine neurotransmission and TAAR1 agonists may have therapeutic actions in schizophrenia to modulate dysfunctional dopamine neurotransmission
- Trace amine-associated receptor-1 (TAAR1) agonist RO5263397 and SEP-363856 are in clinical development with -856 showing efficacy in a Phase II trial of schizophrenia and now breakthrough status at FDA



## **Agonism of TAAR1**

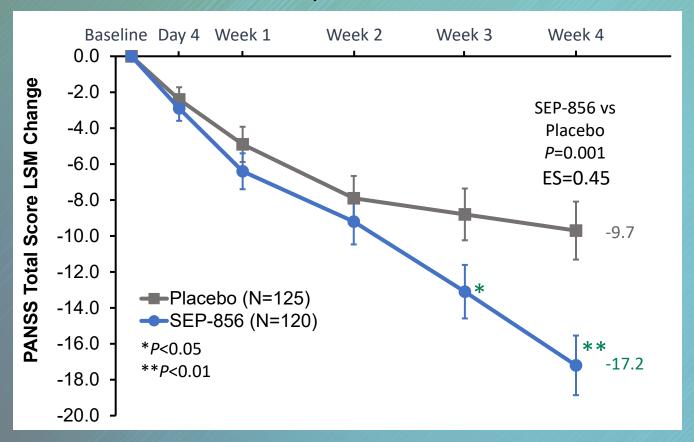


- When TAAR1 receptors are bound by an agonist, they translocate to the synaptic membrane and couple with D2 receptors
- Amplification of the G<sub>i</sub> pathway leads to inhibition of the synthesis and release of dopamine, which would be beneficial in cases of psychosis



### SEP-363856

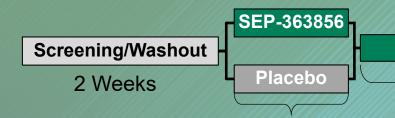
- SEP-856 is a trace amine associated receptor type 1 (TAAR1) agonist with 5HT1A activity
- SEP-856 lacks activity at D2 and 5HT2A receptors
- Results of a 4-week, double-blind, placebo-controlled phase II study of patients with an acute exacerbation of schizophrenia:



Adverse Events ≥ 2% in Either Treatment Group and Greater Than Placebo			
Preferred Term	Placebo (N=125), n (%)	SEP-856 (N=120), n (%)	
Somnolence	6 (4.8)	8 (6.7)	
Agitation	6 (4.8)	6 (5.0)	
Nausea	4 (3.2)	6 (5.0)	
Diarrhea	1 (0.8)	3 (2.5)	
Dyspepsia	0	3 (2.5)	

Results from the Brief Negative Symptom Scale: p<0.001, ES=0.48

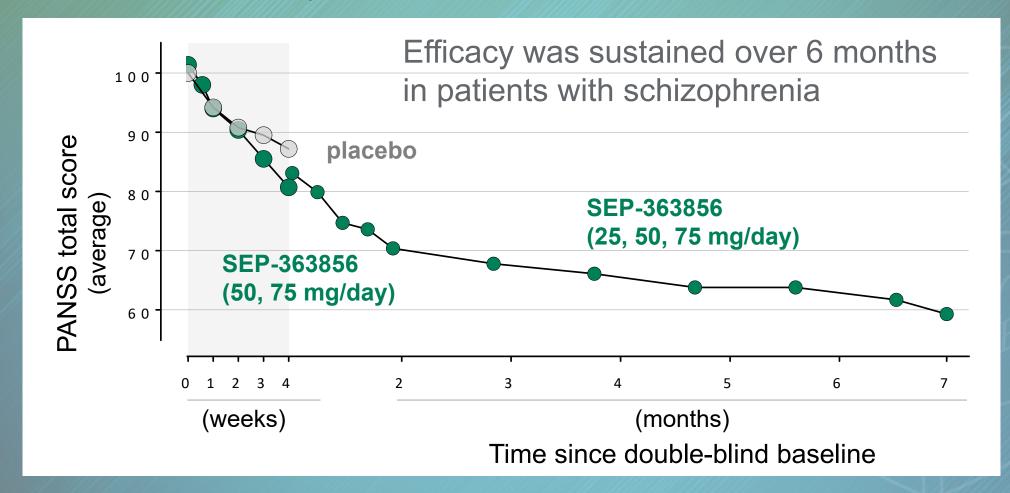




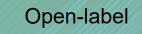
SEP-363856 (flexibly dosed at 25, 50, 75 mg/day)

6-month open-label extension

4-week double-blind period



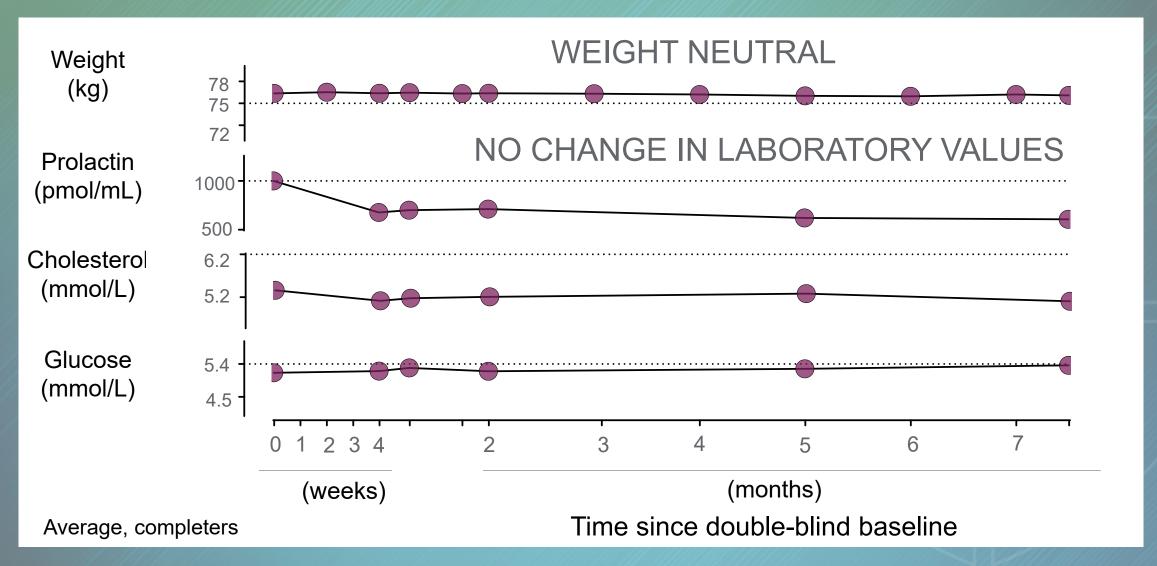






**Placebo** 

157 patients with schizophrenia





### Rates of EPS Were Similar to Placebo

Screening/Washout

2 Weeks

4-week double-blind period

SEP-363856

SEP-363856 (flexibly dosed at 25, 50, 75 mg/day)

6-month open-label extension

Preferred Term	Placebo (N = 125)	SEP-363856 (N = 120)
Subjects with any EPS	4 (3.2%)	4 (3.3%)
Akathisia	1 (0.8%)	2 (1.7%)
Restlessness	1 (0.8%)	0
Joint stiffness	1 (0.8%)	0
Musculoskeletal stiffness	2 (1.6%)	1 (0.8%)
Nuchal rigidity	1 (0.8%)	0
Postural tremor	0	1 (0.8%)
Tremor	2 (1.6%)	0

Preferred Term	Total (N = 156)
Subjects with any EPS	5 (3.2%)
Parkinsonism	2 (1.3%)
Dyskinesia	1 (0.6%)
Tremor	1 (0.6%)
Restlessness	1 (0.6%)



## RO5263397: Another TAAR1 Receptor Agonist

- Suppresses dopamine-dependent hyperactivity in mice lacking the dopamine transporter
- Shows pro-cognitive and antidepressant-like properties in rodent and primate models
- Results of phase II clinical trial are pending



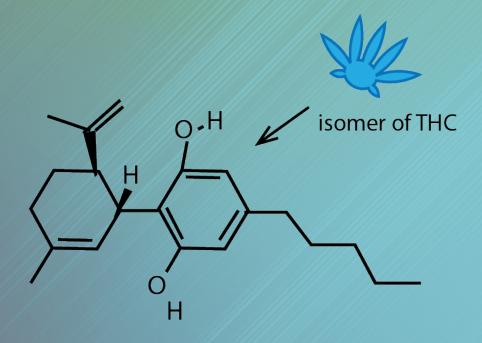
# Still Other Treatment Strategies





## **Antipsychotic Properties of Cannabidiol (CBD)**

#### Cannabidiol



- Mechanism of action is not well understood
- Relatively inactive at cannabinoid receptors 1 and 2
- Does not appear to involve direct antagonism of dopamine receptors
- In healthy volunteers, pretreatment with CBD attenuates the experimental induction of psychotic symptoms of delta-9-tetrahydrocannabinol (THC)



# Treatment of Negative Symptoms: Other Strategies

### **Anti-inflammatory agents**

- Disappointing results for NSAIDs
- Meta-analysis showed efficacy for minocycline

#### Hormone treatment

 Preliminary evidence for raloxifene (selective estrogen receptor modulator)

#### **Antioxidant**

- Mixed results for N-acetylcysteine (NAC)
- Meta-analysis shows moderate efficacy for Ginkgo biloba

#### **HMG CoA reductase inhibitors**

 Small positive trial of adjunct simvastatin



## Summary

- Pharmacological management of schizophrenia can be challenging, especially because of the need for increased efficacy, reduced side effects, and relief from negative and cognitive symptoms
- All approved medications bind D2; there are several in development that focus on mechanisms that extend beyond the dopamine/D2 hypothesis of schizophrenia
- Exciting developments have also been made in behavioral and other non-pharmacological approaches to treat cognitive impairment in schizophrenia



### **Posttest Question 1**

Which dopaminergic pathway is most relevant for the negative symptoms of schizophrenia?

- A. Mesolimbic
- B. Mesostriatal
- C. Mesocortical

### **Posttest Question 2**

All approved medications for schizophrenia bind to which receptor?

A. D1

B. D2

C. 5HT7

D. 5HT1

### **Posttest Question 3**

Which of the following investigational agents being tested for treatment of schizophrenia binds primarily to serotonin 5HT2A receptors?

- A. Roluperidone
- B. Xanomeline/trospium
- C. Cannabidiol